HYDERABAD MINDSPACE

Breakfast

Available from 06:30 AM to 10:30 AM

■ FRESH CUT SEASONAL FRUIT PLATTER 495 | E 66 416 gms Kcal 170

• FRESHLY SQUEEZED JUICE 395 | E 53

Orange - 250 ml Kcal 100 Watermelon - 250 ml kcal 88 Pineapple - 250 ml kcal 124

Choice of natural or low fat

■ YOGHURT ☐ 345 | E 46 324 gms Kcal 124

■ LASSI 🖟 395 | E 53

250 gms Kcal 124
Thickened yoghurt shake with choice of sweet or salted

CEREALS

■ BREAKFAST CEREAL 🖰 🎕 💖 425 | E 57

Choice of corn flakes - 180 gms kcal 275

Dry muesli - 180 gms Kcal 383

Choco flakes - 180 gms Kcal 425

Wheat flakes - 180 gms Kcal 356

Gluten-free cereal - 180 gms Kcal 378

Served with choice of low fat/full cream/soya milk/ almond milk

■ OAT MEAL PORRIDGE 🎕 🦭 445 | E 59

320 gms Kcal 263
Rolled oats cooked in water served with nuts, brown sugar and honey

● BIRCHER MUESLI 🖰 🤏 💖 445 | E 59 355 gms Kcal 382

Soaked oats, apple, honey and nuts

FRESHLY BAKED BAKERIES

■ BREAD TOAST [®] 295 | E 39

Whole-wheat - 108 gms Kcal 86 Multi grain - 108 gms Kcal 95 White - 108 gms Kcal 92 Rye bread - 108 gms Kcal 90

 \blacksquare GLUTEN FREE BREAD $\stackrel{\wedge}{\Box}$ $\ensuremath{\mathbb{W}}$ $\ensuremath{\mathbb{O}}$

114 gms Kcal 378 Choice of plain or walnut and carrot ■ BUTTER CROISSANTS 🖟 🎕 🚳 💖 295 | E 39 Choice of plain - 165 gms Kcal 139

Almond - 215 gms Kcal 174 Chocolate - 215 gms Kcal 181

▲ DANISH 🖰 🥞 ◎ 255 | E 34

Fruit - 180 gms Kcal 219 Cinnamon - 165 gms Kcal 184

▲ MUFFIN 🖟 🥘 ◎ 💖 255 | E 34

Chocolate - 110 gms Kcal 346 Blueberry - 110 gms Kcal 347 Oatmeal - 110 gms Kcal 357 Eggless muffin - 110 gms Kcal 159

■ BAKER'S BASKET 🖰 🎕 🕯 💮 575 | E 77

Croissant, fruit Danish, chocolate muffin 195 gms Kcal 481

Hot Breakfast Selection

■ IDLI 🖟 🦭 525 | E 70

180 gms Kcal 117
Steamed rice and lentil cakes
Served with sambhar, chutneys

150 gms Kcal 553 Crispy lentil dumplings Served with sambhar, chutneys

■ DOSA 🖟 🦭 525 | E 79

Rice and lentil crepes
Plain - 140 gms Kcal 215
Masala - 180 gms Kcal 342
Ghee - 142 gms Kcal 250
Podi dosa - 145 gms Kcal 250
Served with sambhar, chutneys

■ UTTAPPAM ↑ 😿 545 | E 73

Rice and lentil pancakes
Plain - 120 gms Kcal 237
Masala - 140 gms Kcal 280
Onion - 130 gms Kcal 240
Served with sambhar, chutneys



■ VEGAN ♥ NUTS ① DAIRY ৶ SOYA

\$\mathrel{2}\mathrel{

Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional. ©2016–2020 Marriott International, Inc. All Rights Reserved.
All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



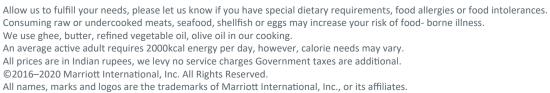
HYDERABAD MINDSPACE

Hot Breakfast Selection

 VEGETABLE UPMA ☐ ② 250 gms Kcal 327 Vegetable and semolina porridge Served with sambhar, chutneys 	525 E 70	■ MASALA OMELETTE () () () () () () () () () (545 E 73
● PARATHA 🖰 🎘 Cooked and spiced whole-wheat bread stuffed Served with yogurt, butter, pickle and jaggery Potato - 200 gms Kcal 228 Cauliflower - 200 gms Kcal 219	525 E 70	SALMON ON TOAST (1) (2) (2) (3) (3) (4) (5) (5) (5) (5) (5) (5) (5) (5) (6) (6) (6) (6) (6) (6) (6) (6) (6) (6	695 E 93
Paneer - 200 gms Kcal 293 Cheese - 200 gms Kcal 310		PANCAKE (1) (2) (2) (2) (2) (2) (2) (2) (2) (2) (2	545 E 73
POORI BHAJI 200 gms Kcal 420	595 E 79	Vanilla pancakes, maple syrup, whipped cream	
Fried whole wheat bread served with potato curry ■ KANDA POHA ↑	545 E 73	■ WAFFLE (1) (20) (220 gms Kcal 510) Raisin waffle, honey, vanilla sugar	595 E 79
280 gms Kcal 526	545 E 75	Raisin wanie, noney, vanilia sugar	
Beaten rice, onions, spices and peanuts		CINNAMON FRENCH TOAST ☐ ♥ ◎ 235 gms Kcal 424	595 E 79
INTERNATIONAL		Brioche bread, cinnamon, whipped cream, maple	syrup
		RICE CONGEE 🕢	
■ THREE EGG OMELETTE (1) (20) (220 gms Kcal 422) Served with hash brown and grilled tomatoes	545 E 73	280 gms Kcal 252 ■ Vegetables	475 E 63
Choice of toast - brown/white/gluten free		SIDES	
▲ EGG WHITE OMELETTE, SPINACH, ↑ 🎕 🕥		SIDES	
TOMATO & GOAT CHEESE 190 gms Kcal 169	545 E 73	HASH BROWN POTATO360 gms Kcal 226	295 E 39
Served with hash brown and grilled tomatoes Choice of toast - brown/white/gluten free		WILTED SPINACH WITH	
■ EGGS BENEDICT 🖟 🎕 🔘 🖓	625 E 83	TOASTED ALMOND FLAKES 180 gms Kcal 227	325 E 43
235 gms Kcal 423		CTEAMED VEGETARIES	0051540
English muffin, ham or bacon, Poached eggs, hollandaise sauce		STEAMED VEGETABLES 230 gms Kcal 323	325 E 43
Sunny side - 210 gms Kcal 186 Over easy - 215 gms Kcal 192	545 E 73	SAUTÉED MUSHROOMS200 gms Kcal 204	325 E 43
Poached - 190 gms Kcal 162 Scrambled - 192 gms Kcal 162		■ BREAKFAST CHICKEN SAUSAGES 340 gms Kcal 374	375 E 50
Boiled - 235 gms Kcal 77 Served with hash brown and grilled tomatoes Choice of toast - brown/white/gluten-free		BREAKFAST PORK SAUSAGES (300 gms Kcal 527	375 E 50
		■ BACON RASHERS 〈□☐ 110 gms Kcal 498	395 E 53









HYDERABAD MINDSPACE

Kids Breakfast Menu

■ OATMEAL WITH APPLE AND WALNUTS (1 🖔 ②) 425 | E 57 230 gms Kcal 391

Skimmed milk, walnut and honey

orange juice, maple apple, raisins

● FRENCH TOAST (1) (20) 445 | E 60 250 gms Kcal 138 Whole wheat raisin bread,

● PEANUT BUTTER AND BANANA SANDWICH 🗞 🦭 445 | E 60 155 gms Kcal 323

Peanut butter, banana, whole wheat bread, seasonal fruit

Breakfast

Available from 06:30 AM to 10:30 AM

Set Menu

■ EAT WELL BREAKFAST (1) (2) (3) 895 | E 119 1006 gms Kcal 496

Fresh juice
Seasonal cut fruits
Egg white omelette with spinach, multigrain toast, freshl

Egg white omelette with spinach, multigrain toast, freshly brewed coffee, tea or warm soymilk

■ CONTINENTAL BREAKFAST (1 🕸 ②) 875 | E 117 1056 gms Kcal 909

Fresh juice Seasonal cut fruits Freshly baked bakeries - croissant, fruit Danish & chocolate muffin served with preserve, jam and butter Choice of freshly brewed coffee or tea

▲ AMERICAN BREAKFAST 🖟 🥸 ◎ 995 | E 133

960 gms Kcal 748

Fresh fruit juice
Choice of eggs
Sunny side/over easy/poached/scrambled/boiled
Served with hash brown and grilled tomatoes
Choice of toast - brown/white/gluten-free
Freshly baked bakeries - croissant, fruit Danish & chocolate
muffin served with preserve, jam and butter
Choice of freshly brewed coffee or tea or hot chocolate

Set Menu

• SOUTH INDIAN BREAKFAST (1) (2) 950 | E 127

720 gms Kcal 705
Steamed Idli
Medu wada
Mini dosa
Served with sambhar and chutneys
Choice of ginger tea or South Indian filter coffee

■ INDIAN BREAKFAST 🖟 🗞 950 | E 127

900 gms Kcal 912 Choice of paneer paratha/aloo paratha/gobhi paratha Poori bhaji with pickle and yogurt Choice of lassi or masala

Eat Well Breakfast

GLUTEN-FREE AVOCADO TOAST (1)
 207 gms Kcal 440
 Gluten-free bread, avocado, country tomatoes, feta cheese

BANANA & CRANBERRY OATMEAL
252 gms Kcal 159
Chia seeds, almond milk, wild honey, granola, nuts

■ QUINOA, AVOCADO & GOAT CHEESE BOWL (1) © 525 | E 70 250 gms Kcal 219 Boiled eggs, nuts

All Day Breakfast

Available from 11:00 AM to 11:00 PM

■ BIRCHER MUESLI 🖟 🥸 🦭 445 | E 59 355 gms Kcal 382 Soaked oats, apple, honey and nuts

■ FARMER'S OMELETTE (1) (20) 595 | E79 225 gms Kcal 463 Scrambled eggs, potato, mushroom, aged cheddar Served with multigrain toast

• KANDA POHA 🖰 🥸 🚳 545 | E 73 195 gms Kcal 366 Beaten rice, onions, spices and peanut





Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional.

©2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

Weekend Breakfast

Weekends last longer at Westin hotels with extended breakfast hours* Whether you sleep in and slow down or jump-start your day with a Westin WORKOUT, you can dine at your own pace. *Available on Saturday and Sunday from 06:30 AM to 03:00 PM

■ WESTIN BREAKFAST ☐

1025 | E 137

1706 gms Kcal 1169

Fresh fruit juice

Seasonal cut fruits

Bircher muesli

Choice of eggs

Sunny side/over easy/poached/scrambled/boiled

Served with hash brown and grilled tomatoes

Choice of toast - brown/white/gluten free

Pancakes with chocolate sauce

Freshly baked bakeries - croissant, fruit Danish &

chocolate muffin served with preserve, jam and

butter Choice of freshly brewed coffee or tea

🖪 EAT WELL BREAKFAST 📋 🎘 🔘

895 | E 119

1006 gms Kcal 496

Fresh juice

Seasonal cut fruits

Egg white omelette with spinach, multigrain toast

Freshly brewed coffee, tea or warm soy milk

425 | E 57

Corn flakes - 180 gms Kcal 275

Dry muesli - 180 gms Kcal 383

Choco flakes - 180 gms Kcal 425

Wheat flakes - 180 gms Kcal 356 Gluten-free cereal - 180 gms Kcal 378

Served with choice of low fat/full cream/soya milk/ almond milk

■ BIRCHER MUESLI ☐ [®] [®]



445 | E 59

355 gms Kcal 382

Soaked oats, apple, honey and nuts

▲ FARMER'S OMELETTE 🖞 🥘 🔘



595 | E 79

545 | E73

225 gms Kcal 463

Scrambled eggs, potato, mushroom, aged cheddar

Served with multi grain toast

▲ MASALA OMELETTE 🖞 🥸 🔘 220 gms Kcal 479

Onion, tomato, chili, coriander

Served with hash brown and grilled tomatoes Choice of toast - brown/white/gluten-free

NACHOS 🖺 🥘

APPETIZERS

Revitalize and energize

250 ml Kcal 40

250 ml Kcal 53

250 ml Kcal 78

SMOOTHIES

250 ml Kcal 543

250 ml Kcal 50

250 ml Kcal 163

JUICES

Let's Rise

Melon, turmeric and lemon

Tender coconut, lime and honey

Almond milk, dates, black pepper

Coconut, watermelon, cucumber

All Day Dining

Available from 11:00 AM to 11:00 PM

Mint, papaya, yoghurt, cinnamon, chia seeds

Spinach, cucumber, cilantro and lime

Tortilla chips with tomato salsa, sour cream and Guacamole

Westin Fresh by Juicery

Vegetables

380 gms Kcal 315

Chicken 365 gms Kcal 631 745 | E 99

645 | E 86

425 | E 57

425 | E 57

DIM SUMS &

Vegetables 176 gms Kcal 288 625 | E 83

Chicken

775 | E 103

185 gms Kcal 725

Served with sesame, soya, burnt chili dip

■ VEGETARIAN
▲ NON- VEGETARIAN

Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food- borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking. An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional. ©2016–2020 Marriott International, Inc. All Rights Reserved. All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

All Day Dining

Available from 11:00 AM to 11:00 PM

SICHUAN CHILI CHICKEN & (300 gms Kcal 687 Boneless chicken, Asian spices	795 E 106	ASIAN CLEAR SOUP & Vegetables 280 ml Kcal 64	525 E 70
ROYYALU VEPUDU 🦃 🗓 246 gms Kcal 425 Pan-fried prawns cooked with pepper and onion	1395 E 186	Chicken 280 ml Kcal 88	545 E 73
CHEPA VEPADU & 42 265 gms Kcal 315	945 E 126	SALADS	
Spiced mix grilled fish MIRAPAKAI KODI 288 gms Kcal 726	795 E 106	CAESAR SALAD ■ Vegetarian □ 254 gms Kcal 238	725 E 97
Sweet chili dip Stir fried chicken morsels, Guntur chilies, curry l	eaves	■ Bacon and anchovies 🖰 🔌 🖉 💭 🎞 🖼 255 gms Kcal 477	775 E 103
 PANEER PUDINA TIKKA 326 gms Kcal 622 	725 E 97	■ Herbed chicken 260 gms Kcal 350	795 E 106
Char-grilled cottage cheese, spicy green marinade, roasted cumin		QUINOA SALAD ☐ 🎘 ■ With avocado, arugula and almonds	925 E 123
AJWAINI MAHI TIKKA & 🖟 🛱 280 gms Kcal 229 Tandoor cooked fish, mustard, carom seed, yog	945 E 126	290 gms Kcal 219 Blackened chicken	995 E 133
_		310 gms Kcal 605	333 L 133
■ MURGH MALAI TIKKA (1) 236 gms Kcal 343 Chicken cooked in tandoor, cream, cheese, white pepper	795 E 106	 CHICKPEA AND LIME \$\infty\$ 310 gms Kcal 350 Boiled chickpea, olives, sundried tomatoes, walnut, pumpkin seed, cilantro, EVOO lime dressing 	695 E 93
■ SHAMMI KEBAB (1) 300 gms Kcal 508 Minced lamb patties, mint and potli spices	895 E 119	 ■ GREEK SALAD ☐ 268 gms 81 Kcal Feta cheese, bell peppers, lettuce, lemon dressing 	695 E 93
SOUP		SNACKS	
■ ROASTED TOMATO BASIL SOUP 🖰 W 280 ml Kcal 317 Basil pesto, parmesan cheese	525 E 70	● SPRING ROLLS ASPARAGUS & WATER CHESTNUT 🌯 🎖	745 E 99
■ WILD MUSHROOM SOUP (1) 280 ml Kcal 260	525 E 70	188 gms Kcal 195 Sweet chili dip	
Porcini, button mushroom, truffle oil, cream		• FALAFEL BITES 270 gms Kcal 253	695 E 93
TOM YUM SOUP Prawn 280 ml Kcal 220	595 E 79	Hummus, crunchy vegetables	
Chicken 280 ml Kcal 260	545 E 73		





Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional.

© 2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

All Day Dining

Available from 11:00 AM to 11:00 PM

SANDWICHES & BURGERS

Served with French fries

CLUB SANDWICH (1) (225 gms Kcal 483)
Grilled chicken breast, grilled bacon, lettuce, fried egg, tomato
Choice of toasted white/brown/gluten-free bread

GRILLED PANINI ☐ ♥

Tomato, mozzarella, basil pesto
192 gms Kcal 307

785 | E 105

Chicken tikka, mint mayo, crispy onions 225 gms Kcal 405
825 | E 110

■ GRILLED CHICKEN BURGER (1) (825 | E 110) 260 gms Kcal 421 Grilled chicken breast, sautéed mushrooms, cheddar

VEGETABLE CHEESEBURGER ☐ № 745 | E 99
 290 gms Kcal 484
 Curried vegetable patties, lettuce, tomato,

KATHI ROLL ☐ ᢀ ◎
■ Indian flat bread rolls
Tandoori paneer
414 gms Kcal 956

pickled vegetables, cheddar

▲ Chicken tikka
895 | E 119

795 | E 106

Whole-wheat bread, grilled vegetables, refried beans, spicy salsa, barbeque sauce, honey mustard dressing

PASTA

Choice of penne, spaghetti, fettuccini, Fusilli, farfalle, macaroni

• AGLIO E OLIO PEPERONCINO 265 gms Kcal 654
Chili, garlic, extra virgin olive oil

ALFREDO \$\bigcup\$ \quad \qquad \quad \q

845 | E 113

845 | E 113

845 | E 113

975 | E 130

895 | E 119

● POMODORO BASILICO ☐ 🗞
280 gms Kcal 476
Tomato basil sauce

ARRABBIATA \$\begin{align*} \text{\tiket{\text{\tint{\texi}\text{\text{\text{\text{\text{\text{\texi}\text{\text{\text{\texi}\tint{\tint{\text{\texi}\tilin}\tint{\text{\text{\text{\texi}\text{\tex{

■ PRIMAVERA \$\bar{\text{\ti}\text{\texitilex{\text{\texi}\text{\text{\text{\text{\text{\text{\texi}\text{\\texitilex{\texiclex{\texi}\text{\texi}\text{\text{\texi}\text{\text{\texi}\text{

PESTO (1) (20) (875 | E 117)
 250 gms Kcal 550
 Basil, peppers, zucchini, parmesan

■ BOLOGNESE 📋 🍇
280 gms Kcal 565
Minced tenderloin ragout

PIZZA

Available from 11:00 AM to 11:00 PM

■ PIZZA MARGHERITA 🖟 🎘 325 gms Kcal 848
Tomato, cheese, olive oil

PRIMAVERA (1) (2) 945 | E 126
 350 gms Kcal 766
 Mushroom, broccoli, artichoke, bell peppers, black olives, mozzarella

ROASTED CHICKEN PIZZA 380 gms Kcal 854
Roasted chicken, olives, jalapeno

■ PIZZA PEPPERONI 🖟 🎘 🖼 1095 | E 146 350 gms Kcal 997 Tomato sauce, pork pepperoni, mozzarella





Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional.

©2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

All Day Dining

Available from 11:00 AM to 11:00 PM

WESTERN MAINS

olives, sauce Grenoble

■ GRILLED SALMON 🖰 🖋 📮 1695 | E 226 295 gms Kcal 587 Crushed new potato, spring onion,

■ LEMON HERB GRILLED CHICKEN (1295 | E 173 292 gms Kcal 598

Mustard sauce, sautéed mushroom and broccoli

■ GRILLED NEWZEALAND LAMB RACK

2175 | E 290

310 gms Kcal 843 Mashed potato, glazed vegetables, rosemary jus

Sautéed zucchini, carrots, caper butter sauce

ASIAN MAINS

or oyster sauce

444 ams Kcal 745

■ STIR FRIED WATER CHESTNUT, BOK CHOY, BROCCOLI WITH BLACK PEPPER SAUCE ② ✓ 725 | E 97 297 gms Kcal 362

WOK TOSSED VEGETABLES (1) (2) 380 gms Kcal 380
 Choice of butter garlic or hot garlic sauce

■ KUNG PAO CHICKEN 🍇 🔗 🖤 845 | E 113 380 gms Kcal 879

Stir-fried chicken, ginger, Chinese vinegar, cashew nut

Shaoxing wine, soy sauce, bell pepper,

mushroom, black fungus

■ NASI GORENG 😂 🖋 💱 1295 | E 173

Indonesian stir-fried rice, chicken satay, fried egg and shrimp wafers

THAI GREEN VEGETABLE CURRY A
 320gms Kcal 579

■ **THAI RED CHICKEN CURRY** *A* **1145 | E 153** 324 gms Kcal 541

ASIAN NOODLES

■ SINGAPOREAN SEAFOOD LAKSA 🔌 😂 🗗 1195 | E 159 444 gms Kcal 1722

Prawn, chicken, boiled eggs, deep fried tofu and coconut curry with noodles

FRIED RICE/NOODLES 💐 🔘 🔗

Vegetables
 450 gms Kcal 415

■ Egg 845 | E 113 450 gms Kcal 635

■ Chicken 895 | E 119 450 gms Kcal 645

LOCAL SIGNATURES

■ PANEER BUTTER MASALA (1) (2) 795 | E 106
 390 gms Kcal 846
 Cottage cheese, onion and tomato velvety curry

Mushroom, green peas, lotus puff, spring onion, garlic, dehydrated fenugreek leaves

ALOO GOBI ADRAKI
 422 gms Kcal 329
 Potato, cauliflower, ginger, tomato, Indian spices

● **VELLULLI TOMATO PAPPU** (1) 695 | E 93 404 gms Kcal 880 Garlic tempered lentils with tomatoes

▲ JHEENGA DO PYAZA 😂 🗋 1345 | E 179 444 gms Kcal 555

Prawns, onions, tomato, spices

■ VEGETARIAN
■ NON- VEGETARIAN

Jasmine rice

Vegetables, jasmine rice

Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional.

©2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International. Inc., or its affiliates,



HYDERABAD MINDSPACE

All Day Dining

Available from 11:00 AM to 11:00 PM

KODI KURA 🗓	945 E 126	DESSERTS
408 gms Kcal 927		
Chicken morsels, local spices, tomatoes		WILD BERRY CHEESE CAKE
■ BUTTER CHICKEN 🗓 🦭	075 5120	168 gms Kcal 362
408 gms Kcal 644	975 E 130	DITTED OUTCOOL ATE FUDOE O
Tandoori chicken tikka, tomato velvety gravy		■ BITTER CHOCOLATE FUDGE S 126 gms Kcal 330
randon emeken tikka, temate vervet, grav,		Gluten-free, sugar free, single o
▲ LAAL MAANS Ö	1095 E 146	Clateri free, sagar free, single c
420 gms Kcal 814		WARM CHOCOLATE BROWNII
Lamb cubes, red chili, whole spices		189 gms Kcal 958
		Served with vanilla ice cream
YELLOW DAL TADKA	645 E 86	
300 gms Kcal 402 Tempered yellow lentils, garlic, cumin		• KHUBANI KA MEETHA
rempered yellow lentils, game, cumin		250 gms Kcal 882 Hyderabadi special stewed apr
■ DAL MAKHNI A W	725 E 97	nyderabadi speciai stewed api
406 gms Kcal 402		■ GULAB JAMUN
Slow cooked black lentils, tomato, cream		360 gms Kcal 352
F 00		Sweetened fried cottage chees
HYDERABADI BIRIYANI ☐ 🖤		F 0.0
Served with mirchi ka salan and mint cucumber		KESARI RASMALAI
 Vegetables - 450 gms Kcal 816 Chicken - 480 gms Kcal 978 	895 E 119 1075 E 143	374 gms Kcal 240
▲ Lamb - 500 gms Kcal 1500	1195 E 159	Poached cottage cheese dump saffron scented reduced milk
Editio 300 gilla Kodi 1000	1100 1100	sanron scented reduced milk
RICE		SELECTION OF ICE CREAMS
Masala khichdi - 416 gms Kcal 349	425 E 57	Vanilla - 180 gms Kcal 124
 Steamed basmati rice - 295 gms Kcal 223 	345 E 46	Chocolate - 180 gms Kcal 177
	375 E 50	Strawberry - 190 gms Kcal 152
Jeera rice - 294 gms Kcal 375	·	Butterscotch - 190 gms Kcal 15.
Brown rice - 294gms Kcal 375	375 E 50	E CEACONAL EDUIT DI ATTED
Curd rice - 434 gms Kcal 290	375 E 50	SEASONAL FRUIT PLATTER 416 gms Kcal 170
		410 gms Real 170
BREADS AND SIDES 🖞 🎕		
Naan	225 E 30	
Plain - 112 gms Kcal 404		
Garlic - 116 gms Kcal 418		
Cheese - 116 gms Kcal 417		
Paratha		
Laccha - 116 gms Kcal 347	225 E 30	
Mint - 116 gms Kcal 321	225 E 30	
Tandoori roti - 66 gms Kcal 362	215 E 29	
Tawa paratha - 66 gms Kcal 374	225 E 30	
	0051500	
Cucumber and mint raita Capa Man Kool 182	295 E 39	
282 gms Kcal 183		

295 | E 39

WILD BERRY CHEESE CAKE	ESO.	525 E 70	C
168 gms Kcal 362			

BITTER CHOCOLATE FUDGE SLICES	725 E 97
126 ams Kcal 330	

origin bitter chocolate 70%

IIE 🗞 🗓 🕥 🤡 525 | E 70

495 | E 66

oricot, chantilly citrus cream

495 | E 66 ese dumplings

495 | E 66 nplings in

425 | E 57

495 | E 66

■ VEGETARIAN
▲ NON- VEGETARIAN

Indian green salad

265 gms Kcal 68



Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food- borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking. An average active adult requires 2000kcal energy per day, however, calorie needs may vary. All prices are in Indian rupees, we levy no service charges Government taxes are additional. ©2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

Eat Well Menu

Available from 11:00 AM to 11:00 PM

Tomato, coriander toast

■ GUAVA, NUTS AND POMEGRANATE SALAD \$\infty\$ 695 | E93 398 gms Kcal 314

▲ TANDOORI CHICKEN SALAD 🗂 🦭 795 | E 106

360 gms Kcal 446 Avocado, flax seeds, sunflower seeds, yogurt dressing

Wild salmon, quinoa, avocado, tomato, feta cheese, nuts, green salad, arugula

250 gms Kcal 450 Mustard curry paste, unpolished rice, asparagus, baby carrots

▲ CHICKEN WRAP (1) (232 gms Kcal 540)
Carrots, cucumber, bell peppers, avocado

Served with French fries

Cottage cheese, green peas curry, steamed brown rice

• FRUIT SALAD 425 | E 57

424 gms Kcal 540
Cored apple filled with fresh fruits

Crème fraiche, pistachios

• FRUIT SMOOTHIE 280 ml Kcal 540

Seasonal fruit, honey

PINEAPPLE STRAWBERRY SMOOTHIE
395 | E 57

280 ml Kcal 540 Made with almond/coconut milk

Kids All Day Dining Selection

Our Westin Eat Well Menu o ers a selection of nutritious dishes, handcrafted by our chef keeping in mind our guests' well-being. From flexible portion sizes to mindfully selected ingredients, this special menu offers a variety of healthier choices to help you eat well. Available from 11:00 AM to 11:00 PM

■ **CHICKEN NOODLE SOUP ③ Ø ② 525 | E 70** 276 ml Kcal 540

PITA CHIPS AND VEGETABLES (1) (270 gms Kcal 540)
 Hummus and low fat yogurt dip

HUMMUS WRAP \$\overline{8}\$
 236 gms Kcal 540
 Whole wheat wrap, lettuce, red pepper, cucumber

Sleep Well Menu

Available from 11:00 AM to 11:00 PM

OATMEAL TABBOULEH № 525 | E 70
 250 gms Kcal 540

■ EGG WHITE AND BROCCOLI OMELETTE (1) © 525 | E 70 230 gms Kcal 540

■ GUAVA, NUTS, POMEGRANATE SALAD

695 | E 93

398 gms Kcal 540

Guava, nuts, pomegranate, chat masala

■ **BEDTIME SNACK** (1) (2) 525 | **E 70** 300 gms Kcal 540

Cherry, walnut, oat muffin

● CHAMOMILE TEA 425 | E 57

250 ml

Unwind with a cup of natural, caffeine-free herbal tea, featuring a proprietary blend of aromatic herbs designed to promote restful sleep

● VEGETARIAN ▲ NON- VEGETARIAN

■ VEGAN ♥ NUTS ① DAIRY → SOYA

\$\text{SHELLFISH \(\text{\(\text{\) \ext{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\) \exiting{\(\text{\(\text{\\ \ext{\) \ext{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\\ \etitx}\\ \etx\\\ \etx\\\\ \etx\\\\ \ex\\\ \etx\\\\ \etx\\\ \etx\\\\ \etx\\\\ \etx\\\\ \etx\\\\ \etx\\\

Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional. ©2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

Crafted For Single Diner

Carefully created for our guests who prefer smaller portion You can order half portion at 50% price from the Eat Well Menu selection.

APPETIZER

NACHOS 🖺 🥘

Tortilla chips with tomato salsa, sour cream And guacamole

Vegetarian - 190 gms Kcal 158
 Chicken - 183 gms Kcal 315
 420 | E 56
 475 | E 63

■ ROYYALU VEPUDU 🖰 😂 900 | E 120

123 gms Kcal 213

Pan-fried prawns cooked with pepper and onions

133 gms Kcal 158 Spiced mix grilled fish

PANEER PUDINA TIKKA
475 | E 63

163 gms Kcal 311

Char-grilled cottage cheese, spicy green marinade, roasted cumin

SOUP

■ ROASTED TOMATO BASIL SOUP 🖺 🦭 345 | E 46

140 ml Kcal 158 Basil pesto, parmesan cheese

■ WILD MUSHROOM SOUP 🖺 345 | E 46

140 ml Kcal 130

Porcini, button mushroom, truffle oil, cream

PASTA

Choice of penne, spaghetti, fettuccini, fusilli, gluten-free pasta

• ALFREDO 🖰 🥘 545 | E 73

140 gms Kcal 238

Mushrooms, fresh cream, parmesan

• ARRABBIATA (1) (2) 545 | E 73 162 gms Kcal 190

Tomato, chili flakes, oregano & basil

■ BOLOGNESE 🗂 🥘 600 | E 80

140 gms Kcal 282 Minced tenderloin ragout

Beverage

NON-ALCOHOLIC COCKTAILS

350 | E 47

HERBAL FAIR

300 ml Kcal 147 Refreshing blend of fennel, basil, mint, freshly squeezed orange juice and honey

PASSION FIZZ

300 ml Kcal 332

Passion fruit syrup, Sprite, lime

LOMI LOMI

300 ml Kcal 344

Fresh ginger, fresh lime, honey

COCONUT GINGER

300 ml Kcal 182

Coconut milk, banana, apple juice, fresh ginger

SHIRLEY TEMPLE

300 ml Kcal 272

7UP, lime juice, grenadine

ICED WATERMELON

300ml Kcal 228

Watermelon, palm sugar, lime juice

DESERT STORM

300ml 417 kcal

Passion fruit, lemon juice, and ginger ale finish with chili

FRESH JUICES 250 ml

350 | E 47

Orange - Kcal 100 Watermelon - Kcal 88 Pineapple - Kcal 120 Fresh lime water - Kcal 20 Fresh lime soda - Kcal 20

CANNED JUICES

275 | E 37

Cranberry Mango Guava Apple Litchi



■ VEGAN ♥ NUTS ① DAIRY → SOYA

\$\text{SHELLFISH \(\text{\(\text{\) \ext{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\) \exiting{\(\text{\(\text{\\ \ext{\) \ext{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\(\text{\\ \etitx}\\ \etx\\\ \etx\\\\ \etx\\\\ \ex\\\ \etx\\\\ \etx\\\ \etx\\\\ \etx\\\\ \etx\\\\ \etx\\\\ \etx\\\

Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional. ©2016–2020 Marriott International, Inc. All Rights Reserved.
All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

Beverage

SMOOTHIE 250 ml Sweet - Kcal 165 Salt - Kcal 160 Mango - Kcal 180	275 E 37
MILKSHAKE 250 ml DVanilla - Kcal 590 Chocolate - Kcal 600 Strawberry - Kcal 545 Iced tea - Kcal 841	275 E 37
COFFEE Espresso Cappuccino Café mocha Americano Freshly brewed coffee Decaffeinated coffee South Indian instant coffee	350 E 47
TEA Assam Earl grey English breakfast Chamomile Darjeeling Green Masala tea Regular tea	325 E 43
Hot chocolate 🗓	
STILL WATER Himalayan 1 Ltr Kelzai 1 Ltr	225 E 30 245 E 33
SPARKLING WATER Perrier 750 ml San Benedetto 750 ml	325 E 43 345 E 46
CARBONATED BEVERAGE Pepsi, 7UP Pepsi Zero Ginger Ale Heineken 0.0 Red Bull Soda Tonic Water	295 E 39 295 E 39 295 E 39 325 E 43 325 E 43 295 E 39 295 E 39

Beverage Menu

SPARKLING WINE BY BOTTLE

CHANDON BRUT, INDIA	7199 E 960
SPARKLING WINE BY GLASS CHANDON BRUT, INDIA	1550 E 207
WHITE WINE BY BOTTLE CHATEAU DE SAINT COSME LITTLE JAMES' BASKET PRE BLANC, SAUVIGNON BLANC, FRANCE	
BIBI GRAETZ CASAMATTA BIANCO, ITALY	10000 E 1333
BLACK TOWER RIESLING, GERMANY	10000 E 1333
NEDERBURG SAUVIGNON BLANC, SOUTH AFRICA	9000 E 1200
TWO OCEANS SAUVIGNON BLANC, SOUTH AFRICA	8500 E 1133
JACOBS CREEK CHARDONNAY, AUSTRALIA	7000 E 933
SULA SAUVIGNON BLANC, INDIA	4900 E 653
WHITE WINE BY GLASS BIBI GRAETZ CASAMATTA BIANCO, ITALY	2000 E 267
NEDERBURG SAUVIGNON BLANC, SOUTH AFRICA	1900 E 253
TWO OCEANS SAUVIGNON BLANC, SOUTH AFRICA	1600 E 213
JACOBS CREEK CHARDONNAY, AUSTRALIA	1500 E 200
SULA SAUVIGNON BLANC, INDIA	1195 E 159
RED WINE BY BOTTLE	
ROLF BINDER	14500 E 1933

RED WINE BY GLASS

SULA DINDORI, INDIA

NEDERBURG THE W I NEM ASTER'S RESERVE	1800 E 240
SHIRAZ, SOUTH AFRICA JACOB'S CREEK CLASSIC	1500 E 200
SHIRAZ, CABERNET, AUSTRALIA SULA DINDORI, INDIA	1200 E 260
FRATELLI, CABERNET FRANC SHIRAZ, INDIA	1195 E 159

13000 | E 1733

9000 | E 1200

7000 | E 933

4900 | E 653

4900 | E 653

SHIRAZ, GRENACHE, BRANCAIA TRE TOSCANA IGT

SHIRAZ, SOUTH AFRICA JACOB'S CREEK CLASSIC

CABERNET, MERLOT, SANGIOVESE, ITALY

NEDERBURG THE WINEMASTERS RESERVE

FRATELLI, CABERNET FRANC SHIRAZ, INDIA

SHIRAZ, CABERNET, AUSTRALIA





Allow us to fulfill your needs, please let us know if you have special dietary requirements, food allergies or food intolerances. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food- borne illness.

We use ghee, butter, refined vegetable oil, olive oil in our cooking.

An average active adult requires 2000kcal energy per day, however, calorie needs may vary.

All prices are in Indian rupees, we levy no service charges Government taxes are additional.

© 2016–2020 Marriott International, Inc. All Rights Reserved.

All names, marks and logos are the trademarks of Marriott International, Inc., or its affiliates.



HYDERABAD MINDSPACE

Beverage Menu

ALCOHOLIC COCKTAILS		DOMESTIC WHISKY (30 ml)	
COSMOPOLITAN	925 E 123	100 PIPERS 12 YO	550 E 73
120 ml Kcal 924		TEACHER'S 50	550 E 73
Vodka, cointreau, cranberry juice, lime juice		BLACK DOG TRIPLE GOLD RESERVE	595 E 79
W. HOLOV O O U.D.	00717400	TEACHER'S GOLDEN THISTLE 12 YO	595 E 79
WHISKY SOUR	925 E 123	DI ENDED COCTOLI WILLICKY (CC. 1)	
180 ml Kcal 447		BLENDED SCOTCH WHISKY (30 ml)	
Whisky, lemon juice, simple syrup		CHIVAS REGAL 12 YO	750 E 100
MOUTO	00717400	CHIVAS REGAL 18 YO	1295 E 173
MOJITO	925 E 123	ROYAL SALUTE	2545 E 339
250 ml Kcal 605		MONKEY SHOULDER	950 E 127
White rum, mint, lime juice, simple syrup		SUNTORY	1050 E 140
	4000 0400	JOHNNIE WALKER PLATINUM LABEL 18 YO	1150 E 140
LONG ISLAND ICED TEA	1250 E 167	HIBIKI	2545 E 339
330 ml Kcal 505		JOHNNIE WALKER BLUE LABEL	3500 E 467
Vodka, tequila, rum, gin, triple sec, sour mix, pepsi		AMERICANI WILLOWEY	
		AMERICAN WHISKEY (30 ml)	
MARGARITA	1250 E 167	JACK DANIEL'S	725 E 97
120 ml Kcal 294		JACK DANIEL'S GENTLEMAN JACK	1200 E 160
Tequila, Cointreau, lime juice, simple syrup			
		IRISH WHISKEY (30 ml)	
GIN (30 ml)		JAMESON	600 E 80
BEEFEATER	495 E 66		
MONKEY 47	1475 E 197	SINGLE MALT (30 ml)	
BOMBAY SAPPHIRE	675 E 90	THE GLENLIVET 12 YO	1100 E 147
HENDRICKS	1275 E 170	THE GLENLIVET 15 YO	1325 E 177
ROKU GIN	1275 E 170	THE GLENLIVET 18 YO	1725 E230
		GLENMORANGIE ORIGINAL 10YO	1350 E 180
VODKA (30 ml)		MACALLAN 12 YO	1725 E 230
ABSOLUT	525 E 70	BOWMORE 12 YO	1350 E 180
ABSOLUT ELYX	675 E 90	GLENFIDDICH 15 YO	1325 E 177
GREY GOOSE	895 E 119	GLENFIDDICH 18 YO	1725 E 230
CÎROC	875 E 117		
ROBERTO CAVALLI	1295 E 173	COGNAC (30 ml)	
		MARTELL XO	1495 E 199
RUM (30 ml)		HENNESSY VS	825 E 110
BACARDI CARTA BLANCA	395 E 53		
BACARDI BLACK	395 E 53	TEQUILA (30 ml)	
BACARDI GOLD	395 E 53	CAMINO SILVER	625 E 83
		CAMINO GOLD	695 E 93
		PATRON XO CAFÉ	1195 E 159
		BEER (330 ml)	
		KINGFISHER	399 E 53
		HEINEKEN	450 E 60
		BUDWEISER	399 E 53
		BIRA WHITE	695 E 93

CORONA EXTRA

PERONI









825 | E 110 895 | E 119